Dr. Kiu Eubanks, Ph.D, licensed psychologist, is the executive director and lead clinician within Guided Pathways Clinical Solutions. She has over ten years experience providing therapy, assessment and coaching to youth and adults seeking effective treatment that is thorough, supportive and solution focused. She works with individuals and families to gain clarity, achieve insight and implement lasting change in the areas identified for healing. She is direct, approachable, and practical, providing real life tools that can be applied by anyone committed to personal development and growth.

Dr. Eubanks earned her Ph.D in Psychology from New York University and her Ed.M in Human Development from Harvard University. She completed her clinical internship at Duke University and is a Certified Practitioner of Integrative Nutrition.

To make an appointment, please call 443-200-4872 ext 1 or go to www.gpsclinical.com and make an appointment through our online scheduling system.

We currently accept Carefirst Blue Cross and Blue Shield, Aetna, Cigna, United Behavioral Health, Johns Hopkins EHP, Medicaid, Medicare, Tricare and Magellan.

GPSC is a private psychology practice offering expert level assessment, evaluation and psychotherapy. We center our practice on accuracy, effective treatment and a holistic understanding of client care.

Believe
Assessment & Evaluation Services

Psychological Evaluations
GPSC offers psychological evaluation services in the areas of Learning, Academic Performance, ADHD/ADD, Intellectual Ability, Mood & Behavior, Autism/Developmental, Neuropsychological, and Trauma. **We can assess for all childhood and adolescent onset disorders from age 6 to 18.**

Clinical Assessments
A clinical assessment focuses on 1) the identification of core concerns and 2) the differentiation between cognitive/mood/behavior/developmental symptoms to determine the most accurate profile of strengths, needs and challenges. We specifically work with youth and young adults who have been diagnosed with multiple or conflicting conditions and are seeking clarification of complex and co-occurring disorders.

Forensic Evaluations
We offer specific evaluation services for youth and young adults in residential settings, including CINA/DSS/OPD referred cases. We assess for guardianship, competency and appropriate level of care, and can provide case consultation, treatment planning and expert testimony.

Executive Function & Critical Thinking
Certain mood and behavior symptoms influence how a person makes decisions, evaluates choices and processes information. We offer in-depth assessment of executive function and critical thinking skills tailored to identify the specific skills that will improve academic performance, task completion, logic, memory and communication. This program includes referrals for psychiatric and neurological assessment.

Counseling & Psychotherapy Services

Individual & Family Therapy
GPSC offers therapy for adolescents and young adults presenting with a full range of concerns, including anxiety, ADHD, PTSD, learning and behavioral problems. These sessions include parenting support and advocacy for your child’s needs at IEP Meetings, Court Proceedings and other areas where accommodations are requested.

We also offer therapy for adults, with a specialized focus on Adult ADHD and Anxiety Disorders. We can provide assessments for disability applications, paid medical leave and work related stress.

We are solution focused.

Wellness & Holistic Health

Dr. Eubanks is dually trained in clinical psychology and integrative health. She offers a wellness counseling that incorporates stress management, lifestyle, diet and fitness into a holistic assessment of client needs and balanced approach to treatment. For adults working through divorce, job transitions, and other life events, she offers supportive insight into how to maintain a sense of well being in the midst of change. For those who may not need or want ongoing therapy, or who want to take a natural approach to healing, wellness counseling can provide brief and targeted support.

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